

Menu for Little Stepping Stones

	Breakfast	Lunch	P.M. Snack
10/1	Corn Flakes, Milk, Juice	Cheesy Chicken & Rice, Corn, Oranges, Milk	Goldfish, Juice
10/2	Biscuit, Jelly, Mixed Fruit, Milk	Macaroni & Cheese, Mixed Veggies, Sliced Apples, Milk	Trail Mix, Milk
10/3	Sausage Patty, Toast, Mixed Fr., Milk	Baked Ziti, Peas, Tropical Fruit, Milk	Saltines, Cheese, Water
10/4	Cheese Toast, Mixed Fruit, Milk	Beef Stir Fry, California Veggies, Applesauce, Milk	Pretzels, Juice
10/5	Waffle, Syrup, Banana, Milk	Turkey Sandwich, Mashed Potatoes, Oranges, Milk	Assorted Crackers, Milk
10/8	Cheerios, Juice, Milk	Chicken & Rice, Peas, Tropical Fruit, Milk	Ritz Crackers, Juice
10/9	Cinnamon Toast, Mixed Fruit, Milk	Spaghetti Bake, Broccoli, Peaches, Milk	Cheezits, Juice
10/10	Pancake, Syrup, Raisins, Milk	Chicken Patty, Bread Slice, Mashed Potatoes, Applesauce, Milk	Nachos, Cheese, Water
10/11	Waffles, Syrup, Banana, Milk	Beef-a-Roni, Bread, Mixed Veggies, Sliced Apples, Milk	Pretzels, Juice
10/12	Roll, Cream Cheese, Mixed Fruit, Milk	Toasted Ham and Cheese Sandwich, Corn, Oranges, Milk	Assorted Crackers, Milk
10/15	Corn Flakes, Milk, Juice	Beef Stroganoff, Mixed Veggies, Oranges, Milk	Goldfish, Juice
10/16	Biscuit, Jelly, Mixed Fruit, Milk	Chicken Teriyaki, Rice, Peas, Tropical Fruit, Milk	Trail Mix, Milk
10/17	Sausage Patty, Toast, Mixed Fr., Milk	Baked Ziti, Corn, Peaches, Milk	Saltines, Cheese, Water
10/18	Cheese Toast, Mixed Fruit, Milk	Hot Dog Macaroni, Broccoli, Applesauce, Milk	Pretzels, Juice
10/19	Waffles, Syrup, Banana, Milk	Turkey Sandwich, Tator Tots, Pineapples, Milk	Assorted Crackers, Milk
10/22	Cheerios, Juice, Milk	Chicken Patty, Bread Slice, CA Blend Veggies, Applesauce, Milk	Cheezits, Milk
10/23	Roll, Cr. Cheese, Mixed Fruit, Milk	Beef Hotdog, Bread, Mixed Veggies, Tropical Fruit, Milk	Ritz Crackers, Juice
10/24	Cinnamon Toast, Mixed Fruit, Milk	Spaghetti Bake, Peas, Sliced Apples, Milk	Nachos, Cheese, Water
10/25	Waffle, Syrup, Banana, Milk	Beef-a-Roni, Bread, Corn, Oranges, Milk	Goldfish, Juice
10/26	Pancakes, Mixed Fruit, Milk	Toasted Ham & Cheese Sandwich, Carrots, Peaches, Milk	Assorted Crackers, Milk
10/29	Corn Flakes, Milk, Juice	Cheesy Chicken & Rice, Corn, Oranges, Milk	Goldfish, Juice
10/30	Biscuit, Jelly, Mixed Fruit, Milk	Macaroni & Cheese, Bread, Mixed Veggies, Sliced Apples, Milk	Trail Mix, Milk
10/31	Sausage Patty, Toast, Mixed Fr., Milk	Baked Ziti, Peas, Tropical Fruit, Milk	Saltines, Cheese, Water
11/1	Cheese Toast, Mixed Fruit, Milk	Beef Stir Fry, California Veggies, Applesauce, Milk	Pretzels, Juice
11/2	Waffle, Syrup, Banana, Milk	Turkey Sandwich, Mashed Potatoes, Oranges, Milk	Assorted Crackers, Milk